Check any of the symptoms or conditions below that you experience currently or occasionally?

__Headaches	__Carpal Tunnel	__Asthma	__Digestive Problems
__Neck Pain	__Problem Sleeping	__Vertigo	__Pain Between Shoulder Blades
__Mid-Back Pain	__Ringing in Ear	__Cancer	__Shortness of Breath
__Low-Back Pain	__Loss of Balance	__Allergies	__Tension across Top of Shoulders
__Sciatic Pain	__High Blood Pressure	__Dizziness	__Numbness in Arms/Legs
__Leg or Hip Pain	__Weight Trouble	__Depression	__Menstrual Pain
__Shoulder/Arm Pain	__Low Energy/Fatigued	__Other_____	

Which one of the above symptoms is **the worst**?_____How long have you had it?_____

When it is at its worst, how does it feel?_____

Any Serious Disorders (i.e. cancer, heart, strokes, diabetes, liver etc) _____

Any Severe Injury, Accidents, Falls that come to mind in you life:_____

Any Surgeries is your life time: _____

Rate (circle) your combined overall (Physical, Mental, Chemical) level of stress :
No Stress—1—2—3—4—5—6—7—8—9—10—High Stress

Leave Blank for Doctors use

Chiropractic Health Care

Chiropractic has a primary goal, to detect and correct/reduce the vertebral subluxation that effects our vital nervous system. The secondary goal is to improve life stressors that affect the primary goal. It is important to understand that Chiropractic is not a pill, surgery nor a magic wand but a course of treatment that corrects the body's dysfunctions, by addressing the probable causes of a patient's condition. This allows the body to work at its fullest potential and thus achieve a state of functioning that is low if not free of symptoms.

HEALTH: A state of optimal physical, mental and social well-being, not merely the absence of disease or symptoms.
VERTEBRAL SUBLUXATION: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of neural/mental impulses, resulting in a lessening of the body's innate wisdom/ ability to express its maximum health potential.
ADJUSTMENT: An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation.

I, (Printed name)_____(Signature)_____
Have read and competed the above information on._____(Date).

If the above is related to a minor I, _____(Print name) being the parent or legal guardian of _____(Print name) give permission for my child to receive any care including consent to evaluate and adjust the minor and /or child: